

What to Bring to Treatment
Crossroads address: 3099 NE Diamond Lake Blvd. Roseburg, OR 97470
Intake coordinator's phone number: 541-492-0205

No vehicles may be left on property during stay. Clients must arrange transportation to be dropped off at Crossroads at scheduled time. Residents are allowed up to 1 Suitcase.

Intake Process:

Upon check in, clients will complete all necessary intake paperwork and provide a UA. All clients are required to change into scrubs so that ALL clothing can be washed in hot water and dried in hot dryers. Please do not bring clothing you do not want to have washed in hot water and dried in hot dryers. All cell phones will be placed in lock up, so bring a phone number list of those you would like to call while in treatment.

Any open outside food and beverages will be thrown out. Un-opened food and beverages will be put in lock up, if preservable (With the exception of individually wrapped hard candy)

Items to bring: Suggestion: Pack for the appropriate time of year.

- 10 makeup items - *including face cream/wash.*
- 1 belt.
- 1 hat, 1 beanie.
- 5 outfits.
- Unlimited bras, socks, undies, tank tops & under garments.
- 1 sweatshirt and 1 coat.
- 2 pajamas/sleep outfits. **Sleepwear which meets dress code.**
- 2 pairs of shoes, 1 pair of shower flip flops, 1 pair of sandals.
- Only jewelry clients have on when they come in. *No additional jewelry to be given.*
- Individually wrapped hard candy only – *no suckers and no soft filling.*
- Shampoo, conditioner, body wash, bar soap – *no sprays of any kind.*
- Face products are to be part of the '10 makeup items.'

Additional Notes:

Clients are expected to be fully covered when sleeping in their beds.

MP3 player with headphones is allowed (cannot have Wi-Fi capabilities, voice recording, or a camera).

Toiletries to last at least one month.

Hygiene items containing alcohol will not be permitted within the dorm areas.

Some items are permitted by "check-out" only: Razors, nail polish, etc.

Please do not bring:

Cigarettes, vape devices, chew, lighters, or any drug and alcohol paraphernalia.

Clothing that is revealing (i.e. items which display cleavage, undergarments, or parts of the body which would normally be covered).

Clothing that references drugs and/or violence.

Bandanas.

Towels, Washcloths, and bedding (These items will be provided to all residents).

Stuffed animals.

Perfume/cologne.

Client shall bring a doctor's release if they are receiving treatment for a serious medical condition.

If you take prescription medication(s), be sure to bring a full 30-day supply for your stay in treatment. *Some over-the-counter medications are provided.*

Note: To make sure you do not run out of medication, call your provider, and ask to send refills to Hometown Pharmacy in Roseburg (541-229-1112) Hometown's address: 1813 E. Harvard Blvd., Suite 210 Roseburg, OR 97471. Once clients check into treatment, they may not see a provider for up to one week, so we encourage clients to take care of this ahead of time.

Crossroads expect residents to dress comfortably and casually, like one who is confident in their recovery.

We look forward to seeing you!