# Peer Services

Substance Use Treatment

## We're Here To Assist You

#### **About Our Peers**

Peer Support Specialists and Recovery Mentors are people with lived experience of recovery from a substance use disorder, mental health condition, or both. They provide support to others experiencing similar challenges. Peers are trained and certified by the Oregon Health Authority to help our clients identify and achieve their personal recovery goals.

#### What We Offer

Peers work with you to build self-help skills and provide coaching about available community supports and services, including:

- Help you prepare and plan for appointments
- Share problem-solving skills
- Help access health and social service resources
- Assist with housing applications
- Help with resume writing
- Assist with parole and probation
- Communication with agency staff and case managers at various organizations
- Help obtain clothing through vouchers and community organizations

## Help With Rides To:

- Recovery meetings
- Job searches
- Interviews
- Bus passes
- Getting a photo ID
- Going back to school
- Food boxes



## Is Peer Support Right for Me?

If you are experiencing any barriers that prevent you from accessing the resources you need to achieve recovery, Peer Support is here for you. Peer Support is available to existing Adapt Integrated Health Care clients.

#### Contact Us

Douglas County Adapt Outpatient 621 W Madrone St.

Roseburg, OR 97470 (541) 492-0152

Adapt Opioid Treatment 548 SE Jackson St. Roseburg, OR 97470 (541) 673-2770

### Coos County

Adapt Outpatient 400 Virginia Ave., Suite 201 North Bend, OR 97459 (541) 751-0357

Josephine County

Adapt Outpatient 356 NE Beacon Dr. Grants Pass, OR 97526 (541) 474-1033



No one is turned away due to inability to pay. adaptoregon.org